



# Sam D. Bernard

Sam is owner and President of **Bernard & Associates, P.C.** his Chattanooga-based practice and consulting firm focusing on various forms of trauma and crisis intervention and disaster mental/behavioral health. He is a founding member of **PAR Partners, International, Inc** a recognized disabled veteran owned business. He is President of the Board of Directors for the **PAR Foundation**, a registered non-profit that provides preparation, assessment and response for various psychological crisis. He provides national and international education and consultation concerning various aspects of psychological / behavioral crisis, trauma, and suicide, employee assistance program (EAP) services, psychological autopsies, organizational consultations, trainings and public speaking. He also provides both individual and group therapy.

## **Academic:**

- **PhD:** Columbia State Consortium: Counseling Psych. focusing on disaster psychology and crisis intervention  
Internship: Crisis Management International, Atlanta, GA (1 year)  
Residency: Erlanger Medical Center's Level One Trauma Center, Chattanooga, TN (1 year)
- **MA:** Austin Peay State University: Clinical Psychology focusing on psychological testing and therapy,  
Internship: Harriett Cohn Mental Health Center & Clarksville Hospital's Psych Ward (6 months)
- **BS:** Emory & Henry College: Psychology with a minor in Sociology and Biology;  
Internship at SW State Psychiatric Hospital's Geropsychology Unit, Marion, VA (3 months)

## **Licensure/Certification:**

- Licensed Senior Psychological Examiner – Health Service Provider in Tennessee
- National Certified Counselor
- National Certified Gerontological Counselor
- National Certified Psychologist
- Traumatologist; Green Cross
- Board Certified in Comprehensive, School and University Acute Traumatic Stress Management
- Certified Traumatic Stress Consultant; The Institute for Traumatic Stress
- Psychological Autopsy Investigator and Researcher; American Association of Suicidology
- Fellow and Diplomate, American Academy of Experts in Traumatic Stress
- Certified, Critical Incident Stress Management; University of Maryland - Baltimore County
- Certified, Homeland Security – Level III
- Employee Assistance Specialist – Clinical; Employee Assistance Professionals Association

## **Instructor:**

- **International Critical Incident Stress Fdn (ICISF):** Instructor of 19 courses; National Road Show faculty; International faculty
- **FEMA/SAIC/Leidos: Center for Domestic Preparedness- Nobel Training Center**, Anniston, AL: Advanced Public Information Officer course (and "Road-Show" faculty)
- **American Red Cross:** Basic & Adv. CPR; Stress Mgmt.; Disaster Mental Health Services (Retired:30+ years)
- **The Institute for Traumatic Stress:** Acute Traumatic Stress management (ATSM);  
ATSM for Schools; University & College ATSM
- **Resiliency Sciences Institutes:** Instructor, Crisis Leadership; University of Maryland-Baltimore County
- **American Academy of Experts in Traumatic Stress (AAETS):** Comprehensive Acute Traumatic Stress Management (CATSM); School ATSM; University ATSM; Excellence in Teaching Award
- **New York Academy of Medicine:** Psychosocial Aspects of Terrorism
- **Green Cross Projects:** Traumatology and Compassion Fatigue Instructor; Training Site Coordinator
- **FEMA's Emergency Management Institute**, Emmitsburg, MD: Advanced Public Information Officer and Master Public Info Officer  
Facilitator: Virtual Table-Top Exercises (VTTX) on a national bases with various disaster topics
- **Illinois Dept of Health:** Consultant & Trainer: Intimate Partner Domestic Violence in the GLBTQ Community
- **Suicide Prevention Resource Center:** Assessment & Management of Suicidal Risk (AMSR)
- **QPR Institute :** QPR (Question, Persuade, Refer) Suicide Intervention Model
- **Southern Adventist University** Adjunct Professor, Graduate Counseling Psychology
- **National Association of School Psychologist:** PREPaRE Courses: 1.Crisis Prevention & Preparedness; Comprehensive Safety Planning;  
2. Crisis Intervention & Recovery: Roles of School-Based Mental Health Professionals

### **Board Member:**

- **American Academy of Experts in Traumatic Stress:** Board of Scientific & Professional Advisors; Recipient: Excellence in Teaching
- **PAR Foundation,** Founding member, President Board of Directors;
- **Tennessee Suicide Prevention Network,** Founding member, Chair & Emeritus Chair of Governor's Advisory Council;
- **The Institute for Traumatic Stress:** Board of Scientific and Professional Advisors;
- **Eagle Wing Foundation,** Board member and Disaster Behavioral Health consultant;
- **Chattanooga Area Clinical Pastoral Education,** Board member 2017-2021

### **Volunteer Service:**

- **American Red Cross:** Retired after 30+ years beginning in 1975 (15 years old), Instructor in various courses including:
  - =First Aid, Advanced First Aid and Emergency Care
  - =CPR and Professional Rescuer CPR
  - =Disaster Mental Health (National Instructor)
  - =Stress Management
  - =HIV-AIDS Education
- **CISM Team:** Northeast TN CISM; Tri-State CISM Tm; Suicide Postvention Response Tm; School Crisis Support Coop;
- **Civil Air Patrol, Auxiliary US Air Force:** Joined in 1990; holds the earned rank of Lieutenant Colonel; served as:
  - =Squadron Pilot and Assistant Medical Officer
  - =Squadron and Wing Public Affairs Officer and attaining the "master rating" in PAO,
  - =Southeast Regional Critical Incident Stress Management Officer
  - =National CISM Team Leader and lead trainer (6 years) (Retired after 24 years of volunteer service)
- **TN Suicide Prevention Network:** Founding member; elected 2007 and 2008 Chair, Governor's Advisory Board; first "Emeritus";
- **TN Department of Agriculture & TN Department of Homeland Security:** Consultant: Agri-terrorism and Psychological Impacts;
- **Hamilton County Health Department:** Medical Reserve Corp;
- **Clinical Pastoral Education, Erlanger Medical Center,** Chattanooga, TN; Clinical Consultant/Lecturer,
- **National Center for Missing and Exploited;** Clinical Team

### **Incident Response:**

- **Woodmore Elementary School Bus** Crash, Chattanooga, TN Clinical consultant to guidance counselor staff
- **Nutro /MARS,** Nashville, TN; Lead Clinical EAP Consultant: Employee killed in terrorist bombing at Brussels Airport, March 2016
- **Chattanooga Terrorist Shooting,** Mayor's Office / Chief of Police / Family Justice Center: Clinical consultant, July 2015
- **The Cupcake Network** addressing pediatric trauma after Typhoon Haiyan in the Philippines, child & family trauma consultant;
- **Green Cross Projects:** Deputy IC with FSU; Tsunami & Katrina & Rita & Miami post Haitian earthquake;
- **GA EMA:** Tri-State Crematory Event response: 2 months on-site working with GBI agents, local responders and families;
- **NYC 9-11-01:** 3 weeks; consulting with FORTUNE 5 Companies
- Media consultant concerning various traumatic events
- Local robberies, workplace violence, suicide, homicide, drowning, lost person, fires, tornadoes, aviation incidents, etc.

### **Special Projects:**

- Director, Mental Health Services; Captive Audience: Abduction prevention, Captivity survival training, Recovery services
- International Trainer: NAV Portugal (air traffic controllers, pilots, cabin crew & Portuguese Air Force Air Traffic Controllers)(2014-15)  
SkyGuide (Swiss Air Traffic Controllers and airport employees) in psych crisis Intervention (2015)
- FEMA, Public Information Officer curriculum development focus group for Advanced and Master PIO courses: 2016
- Chattanooga State Community College: Military Veteran Student Enhancement Project: 2016
- Response Works Aviation Disaster Coordinator: Nashville, TN International Airport; Co-coordinator Atlanta, GA Airport

**Personal:** Married; Native of Kingsport, TN; Only child; Home in Chattanooga, TN; Licensed private pilot; People-To-People High School Student Ambassador 1980 and 1981 – visited Austria, Germany, Italy, Greece, Yugoslavia in 1980 with homestays in Austria, Germany, and Greece, then France, Egypt, Israel, China and Japan in 1981 with homestays in France and Japan; Survivor of an aviation incident in Karachi, Pakistan while serving as a People-To-People High School Ambassador in 1981; Pet therapy with "Buddy" (petit sheltie) until his death in 2010.

### **Contact Information:**

#### **Bernard & Associates, P.C.**

One Park Place  
6148 Lee Highway, Suite 208  
Chattanooga, TN 37421-2941  
Web site: [www.BernardAssociatesPC.com](http://www.BernardAssociatesPC.com)  
Email: [Sam@BernardAssociatesPC.com](mailto:Sam@BernardAssociatesPC.com)  
Cell & Text: 1(423)322-3297 Fax: (423) 370-0018



#### **PAR Partners International, Inc**

&  
**PAR Foundation**  
(Same Address)  
Web site: [www.PARPartnersInternationalInc.com](http://www.PARPartnersInternationalInc.com)  
Email: [Sam@PARPartnersInternationalInc.com](mailto:Sam@PARPartnersInternationalInc.com)  
(Same Tele and Fax)

